



TUPELO ECONOMIC RECOVERY GUIDELINES



Proposed Phased Approach

- BASED ON STATEWIDE EXECUTIVE ORDERS, UP-TO-DATE HEALTH METRICS, AND HOSPITAL/COMMUNITY READINESS
- MITIGATES RISK OF RESURGENCE
- PROTECTS THE MOST VULNERABLE



Guidelines for All Phases: Individuals

CONTINUE TO PRACTICE GOOD HYGIENE

- Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
- Avoid touching your face.
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.
- Strongly consider using face coverings while in public, and particularly when using mass transit.

PEOPLE WHO FEEL SICK SHOULD STAY HOME

- Do not go to work or school.
- Contact and follow the advice of your medical provider.
- If you cannot reach your medical provider, feel free to call NMMC's free 24-hour help line at Nurse Link at 1-800-882-6274.

Continue to adhere to state and local guidance as well as complementary CDC guidance, particularly with respect to face coverings.



Guidelines for All Phases: Employers

Develop and implement appropriate policies, in accordance with Federal, State, and local regulations and guidance, and informed by industry best practices, regarding:

- Social distancing and protective equipment
- Temperature checks or signs and symptoms
- Testing, isolating, and contact tracing
- Sanitation
- Use and disinfection of common and high-traffic areas
- Business travel

Monitor workforce for indicative symptoms. Do not allow symptomatic people to physically return to work until cleared by a medical provider.

Develop and implement policies and procedures for workforce contact tracing following employee COVID+test.



Phase One

Phase 1 reflects CDC guidelines and the Governor's current executive order(s), which may NOT be loosened by local municipalities, but may be tightened if regional health metrics warrant. As executive orders or health metrics change, guidelines may be adjusted.



Phase One

INDIVIDUALS

* Vulnerable Individuals

1. *Individuals ages 60+.*

2. *Individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.*

ALL VULNERABLE INDIVIDUALS* should continue to shelter in place. Members of households with vulnerable residents should be aware that by returning to work or other environments where distancing is not practical, they could carry the virus back home. Precautions should be taken to isolate from vulnerable residents.

All individuals, **WHEN IN PUBLIC** (e.g., parks, outdoor recreation, shopping areas), should maximize social distance from others. Social settings of more than 10 people indoors or 20 people outdoors, where appropriate distancing may not be practical, should be avoided unless precautionary measures are observed.

Avoid **SOCIALIZING** in groups of more than 10 people indoors or 20 people outdoors in circumstances that do not readily allow for appropriate social distancing (e.g., receptions, trade shows)

MINIMIZE NON-ESSENTIAL TRAVEL and adhere to CDC guidelines regarding isolation following travel.

If **MEDICAL ATTENTION** is needed we encourage the use of “virtual care” options (video visits, telephone visits, email based visits).

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Phase One

EMPLOYERS

* Vulnerable Individuals

1. Individuals ages 60+.

2. Individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

Prior to resuming operations, **DEVELOP AND IMPLEMENT AN INFECTIOUS DISEASE PLAN** for your company that conforms to CDC and OSHA guidelines.

Continue to **ENCOURAGE TELEWORK**, whenever possible and feasible with business operations.

If possible, **RETURN TO WORK IN PHASES**.

Close **COMMON AREAS** where personnel are likely to congregate and interact, or enforce strict social distancing protocols.

Minimize **NON-ESSENTIAL TRAVEL** and adhere to CDC guidelines regarding isolation following travel.

Strongly consider **SPECIAL ACCOMMODATIONS** for personnel who are members of a **VULNERABLE POPULATION***.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Phase One

SPECIFIC TYPES OF EMPLOYERS

SCHOOLS AND ORGANIZED YOUTH ACTIVITIES (e.g., daycare, camp) that are currently closed should remain closed.

VISITS TO SENIOR CARE FACILITIES should be prohibited. Those who do interact with residents and patients must adhere to strict protocols regarding hygiene.

LARGE VENUES (e.g. banquet halls, event venues, conference centers, movie theaters) are closed.

GYMS are closed.

SALONS/BARBER SHOPS are closed.

RESTAURANTS may open at ½ capacity

RETAIL STORES may open at ½ capacity

PLAYGROUNDS remain closed, but tennis, basketball and team sports practices may reopen with fewer than 20 people.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Phase 1 reflects CDC guidelines and the Governor’s current executive order(s), which may NOT be loosened by local municipalities, but may be tightened if regional health metrics warrant.

Phase One	All residents	Restaurants	Retail Stores	Nail Salons, Hair Salons, Barber Shops etc.	Gyms & Fitness	Playgrounds, tennis & basketball courts
	<p>Age 60+ and vulnerable population stay at home</p> <p>All work from home if possible</p> <p>All residents recommended to wear masks in public</p> <p>No gatherings over 10 indoors and over 20 outdoors</p>	<p>Open at 1/2 capacity</p> <p>Clean all surfaces after every use</p> <p>Employees screened daily and required to wear face masks</p>	<p>Open at 1/2 capacity</p> <p>Employees screened daily and recommended to wear face masks</p>	<p>Closed</p>	<p>Closed</p>	<p>Tennis courts are open</p> <p>Basketball courts are open</p> <p>Team practices may resume if scheduled through Tupelo Park & Rec</p> <p>Tupelo Aquatic Center may open for lap swim</p> <p>No gatherings over 10 indoors and over 20 outdoors</p>



Phase Two

Phase 2 will reflect CDC guidelines and the Governor's current executive order(s), which may NOT be loosened by local municipalities, but may be tightened if regional health metrics warrant. As executive orders or health metrics change, guidelines may be adjusted.



Phase Two

INDIVIDUALS

* Vulnerable Individuals

1. Individuals 60+.

2. Individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

ALL VULNERABLE INDIVIDUALS* should continue to shelter in place. Members of households with vulnerable residents should be aware that by returning to work or other environments where distancing is not practical, they could carry the virus back home. Precautions should be taken to isolate from vulnerable residents.

All individuals, **WHEN IN PUBLIC** (e.g., parks, outdoor recreation areas, shopping areas), should maximize physical distance from others.

NON-ESSENTIAL TRAVEL may resume.

If **MEDICAL ATTENTION** is needed, we encourage the use of “virtual care” options (video visits, telephone visits, email-based visits).

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Phase Two

EMPLOYERS

* Vulnerable Individuals

1. Individuals 60+.

2. Individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

Continue to **ENCOURAGE TELEWORK**, whenever possible and feasible with business operations.

Close **COMMON AREAS** where personnel are likely to congregate and interact, or enforce moderate social distancing protocols.

NON-ESSENTIAL TRAVEL may resume.

Strongly consider **SPECIAL ACCOMMODATIONS** for personnel who are members of a **VULNERABLE POPULATION***.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Phase Two

SPECIFIC TYPES OF EMPLOYERS

ORGANIZED YOUTH ACTIVITIES (e.g., daycare, camp) can reopen.

VISITS TO SENIOR CARE FACILITIES should be prohibited. Those who do interact with residents and patients must adhere to strict protocols regarding hygiene.

LARGE VENUES (e.g., banquet halls, event venues, conference centers, movie theaters) can operate under moderate social distancing protocols.

GYMS awaiting guidance from the Governor.

SALONS/BARBER SHOPS awaiting guidance from the Governor and/or State Board of Cosmetology.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Movement from Phase 1 to Phase 2 will be timed to coincide with the Governor’s executive orders and may be adjusted for consistency. Regional health metrics will be monitored to determine the need for additional restrictions, if any.

Phase Two	All residents	Restaurants	Retail Stores	Nail Salons, Hair Salons, Barber Shops etc.	Gyms & Fitness	Playgrounds, tennis & basketball courts
	<p>Age 60+ and vulnerable population stay at home</p> <p>Work from home If possible</p> <p>Recommended to wear masks in public</p> <p>Small gatherings up to 50 or as specified by the Governor</p>	<p>Open with capacity guidance from the Governor</p> <p>Restaurant operations should follow CDC and Governor’s orders</p>	<p>Open with capacity guidance from the Governor</p> <p>Retail operations should follow CDC and Governor’s orders</p>	<p>Awaiting guidance from the Governor</p>	<p>Awaiting guidance from the Governor</p>	<p>Open with social distancing</p>



Phase Three

Phase 3 will reflect CDC guidelines and the Governor's current executive order(s), which may NOT be loosened by local municipalities, but may be tightened if regional health metrics warrant. As executive orders or health metrics change, guidelines may be adjusted.



Phase Three

INDIVIDUALS

* Vulnerable Individuals

1. Individuals 60+.

2. Individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

VULNERABLE INDIVIDUALS* can resume public interactions, but should practice social distancing, minimizing exposure to social settings where distancing may not be practical, unless precautionary measures are observed.

LOW-RISK POPULATIONS should consider minimizing time spent in crowded environments.

Phase Three

EMPLOYERS

Resume **UNRESTRICTED STAFFING** of worksites.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Phase Three

SPECIFIC TYPES OF EMPLOYERS

VISITS TO SENIOR CARE FACILITIES can resume with a limit of one visitor per patient. COVID-19 screening is required for all visitors. Those who interact with residents and patients must be diligent regarding hygiene.

VISITS TO HOSPITALS may resume.

LARGE VENUES (e.g., banquet halls, event venues, conference centers, movie theaters) can operate under limited social distancing protocols.

GYMS awaiting guidance from the Governor.

SALONS/BARBER SHOPS awaiting guidance from the Governor.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.



Movement from Phase 2 to Phase 3 will be timed to coincide with the Governor’s executive orders and may be adjusted for consistency. Regional health metrics will be monitored to determine the need for additional restrictions, if any.

Phase Three	All residents	Restaurants	Retail Stores	Nail Salons, Hair Salons, Barber Shops etc.	Gyms & Fitness	Playgrounds, tennis & basketball courts
	<p>Age 60+ and vulnerable population may begin public interaction but practice social distancing</p> <p>Recommended to wear masks in public</p> <p>Gatherings up to 100 or as specified by the Governor</p>	<p>Open with capacity guidance from the Governor</p> <p>Restaurant operations should follow CDC and Governor’s orders</p>	<p>Open with capacity guidance from the Governor</p> <p>Retail operations should follow CDC and Governor’s orders</p>	<p>Awaiting guidance from the Governor</p>	<p>Awaiting guidance from the Governor</p>	<p>Open with social distancing</p>