

MAKING TUPELO A BETTER PLACE

TUPELO HOMELESSNESS AND HUNGER RESOURCES

**HUNGER
& HOME
LESSNESS
AWARENESS
WEEK**

Here is a list of active organizations working within the homeless and food insecure communities.



SALVATION ARMY

527 Carnation St., Tupelo, MS 38802,
662-842-9222

Provides minimum necessities of life such as emergency food, shelter, rent, utilities and medicine on a crisis intervention basis.



FAITH HAVEN, INC.

P.O. Box 835, Tupelo, MS 38802,
662-844-7091

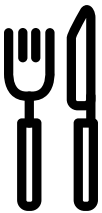
Provides 24-hour emergency care for children, birth to eighteen years, who have been removed from abusive or neglectful situations or have been abandoned.



SAFE, INC.

P.O. Box 985, Tupelo, MS 38802
662-841-9138 or 1-800-527-7233

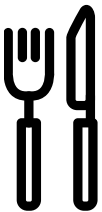
Serves victims of domestic violence, their children, and all victims of sexual assault. Offers shelter and counseling for all victims.



SAINTS' BREW

608 W Jefferson St, Tupelo, MS 38804
662-842-4386

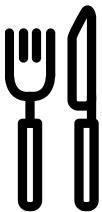
Hot breakfast to homeless and low-income residents Monday - Friday, 7:00 to 8:30 a.m.



SALVATION ARMY

527 Carnation St., Tupelo, MS 38802
662-842-9222

A noon (12pm) and evening meal (5pm) are furnished for the hungry every Monday - Sunday.



MEALS ON WHEELS

2800 West Main St., Tupelo, MS 38801
662-844-1441 ext. 1056

Provides a hot, well-balanced noon time meal 5 days a week to individuals in Lee County who are age 60+ and meet eligibility requirements.



MUTEH, INC.

Mississippi United to End Homelessness
601-960-0557

Provides street outreach, promotes homelessness awareness, and coordinates housing and supportive services.



HELPING HANDS

314 S Church Street
Tupelo, MS 38804

662- 690-8100

Provides a food pantry for residents every Saturday from 9:00 am - 11:00 am. Residents can only receive help once a month.



ST. LUKE UMC FOOD PANTRY

2653 S Eason Blvd, Tupelo, MS 38804

662-842-6522

Provides Lee County residents who meet the qualifications with food baskets. Targets the elderly and families with children..



F.A.I.T.H. FOOD PANTRY

Food Available in This House

1338 Maple Road, Nettleton, MS 38858

662-963-2608

Secures and distributes a regular source of food to residents, with emphasis on families with children, families in crisis and the elderly under the USDA guidelines.



WEEKEND BACKPACK PROGRAM

First United Methodist Church
West Main Street, Tupelo, MS 38801

662-841-0672

Provides food-insecure students with a backpack of food to carry home for the weekend, when they do not receive meals at school.



FAMILY RESOURCE CENTER OF NORTH MISSISSIPPI

425 Magazine St, Tupelo MS 38804
662-844-0013

Provides life skill classes, educational programs for children to enhance their opportunities for school success, and support to families in times of crisis or in chronic stress.



SHOWERS OF LOVE

630 A&D Drive, Tupelo MS 38801

Provides free laundry and shower facilities to the homeless on Saturdays and Mondays from 7am to 1pm. A Sunday night meal is also offered



TREE OF LIFE FREE CLINIC

541 Main St, Tupelo, MS 38804
www.facebook.com/treeoflifefreeclinic

Provides free basic health care and dental services to those do not have health insurance or the ability to pay for health services. . First Wednesday and second Saturday of the month



C.A.T.C.H KIDS CLINIC

820 Ridgcrest Dr., Tupelo, MS 38801
662-377-2194

Provides healthcare to children birth to 18 years old who have barriers getting needed care. Focuses on prevention, wellness and treatment of acute and chronic illnesses.



GOOD SAMARITAN FREE CLINIC

2800 West Main St., Tupelo, MS 38801
662-844-3733

Provides medical, dental and pharmaceutical care at no cost to the eligible working uninsured and temporarily unemployed residents of Lee County, Miss.



LIFECORE MOBILE CRISIS UNIT

1-866-255-9986

Provides crisis services, solution-focused and recovery-oriented behavioral health assessments, and stabilization of crisis in the location where the individual is experiencing the crisis.

HUNGER

Did you know that according to a study by the USDA, 1 out of 5 of Tupelo and Lee County residents experience food insecurity? A large portion of the food insecure population includes the working poor: steadfast men and women who have reliable employment but don't quite make enough to buy food to adequately feed themselves and their families without sacrificing other needs such as utilities, rent, or healthcare Food insecurity affects young children and senior citizens the most. Food insecure children have a higher risk of truancy and school tardiness along with a higher possibility of medical conditions. Food insecure seniors are 60% more likely to experience depression and 53% more likely to report a heart attack.

HOMELESSNESS

Each year there is Point-In-Time count conducted in our community to capture the number of homelessness on a specific day in time. According to the January 2022 point-in-time count, Tupelo had 89 homeless individuals. Within the count, with there was a significant number of the population living unsheltered, which means they live in situations that are not meant for human habitations such as cars, sheds, or a tent encampment. Homelessness can be difficult to define. Some, but not all, homeless individuals suffer from mental health or substance use disorders, some are veterans who have a difficult time transitioning into society after their service, some simply don't have familial support systems and due to certain circumstances have been unable to find their footing in society. Also, there are those who simply choose to be unhoused.